



COVID-19 Pandemic Response Ottawa City Council Update

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Oct 14, 2020

Goals of Pandemic Response

- Minimize Hospitalizations and Deaths
 - Covid and non-Covid
- Minimize Societal Disruption
 - Keep schools open
 - Mitigate economic impacts
 - Promote positive mental health

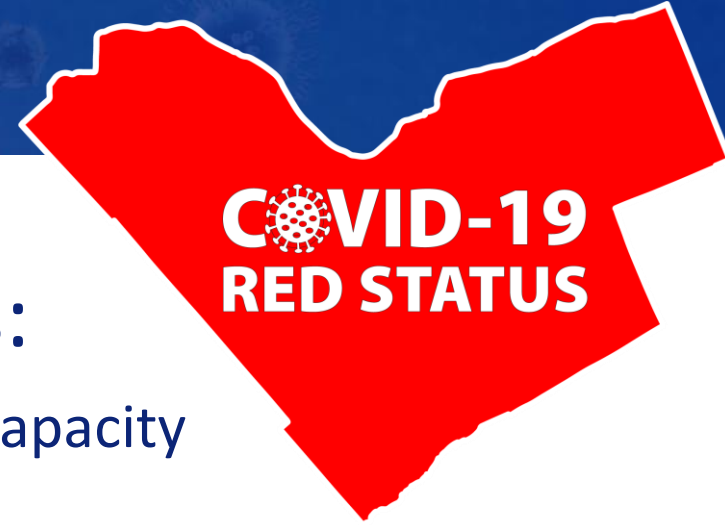


Current Status



- We are in **Red Status**, so is the Outaouais region
- Last week alone over 700 Ottawa residents tested positive
 - **Highest rate** of infections per population in the Province in last 2 weeks
- All ages are impacted **City-wide**
- Testing volumes remain high - increase in % testing positive >2.5
- OPH is prioritizing follow-up for people who test positive with links to high risk settings and their contacts

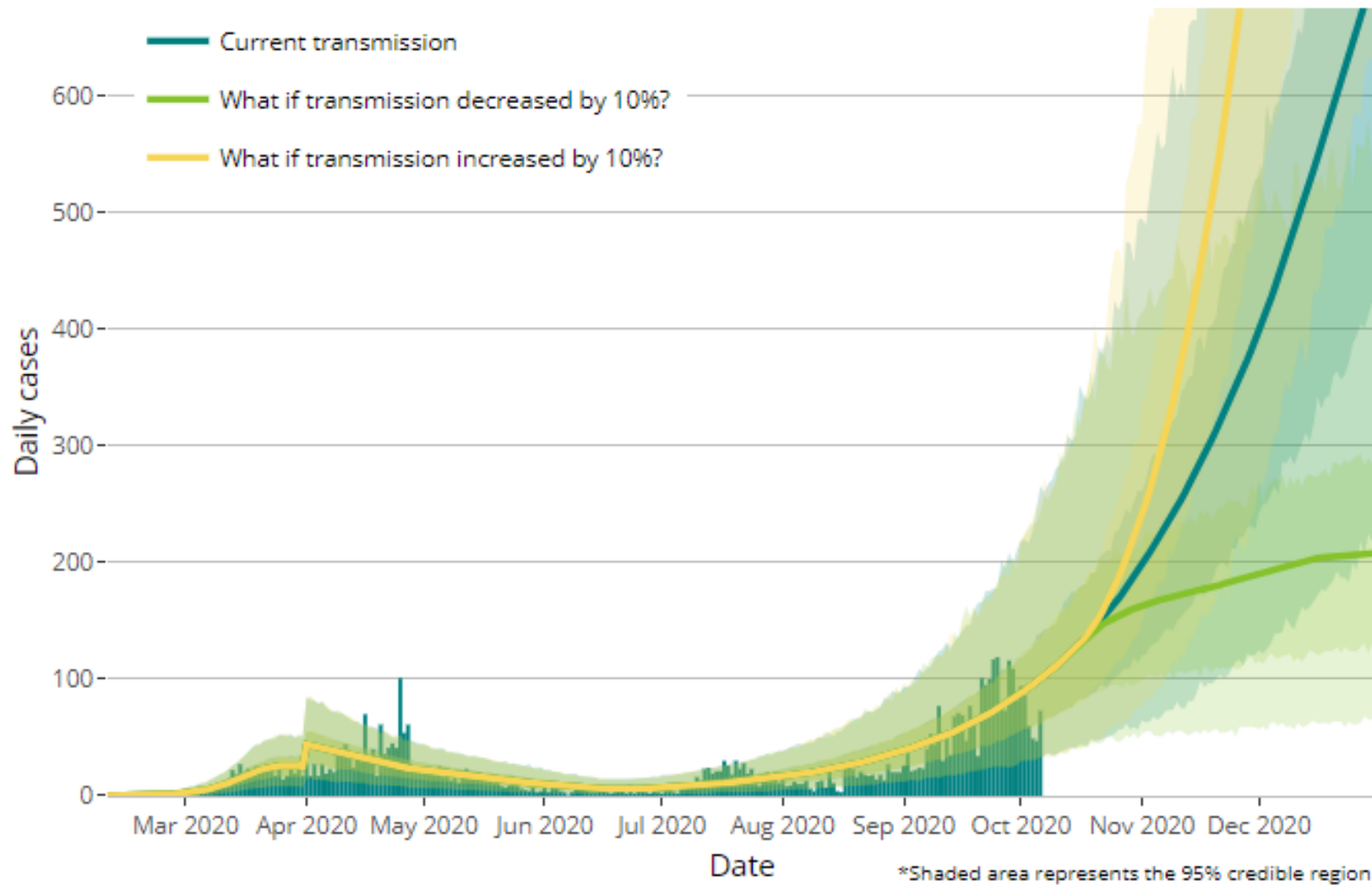
Current Status



- Hospitalizations doubled in last 20 days:
 - 48 currently in hospital / 10 in ICU / Hospitals at 101% capacity
 - 25% in people less than 65 years of age
- Outbreaks are increasing
 - Currently 72 open outbreaks - tripled in last month
- Deaths increasing
 - Majority from institutional outbreaks

Projected daily COVID-19 Positive Residents

Projected daily COVID-19 cases in Ottawa



Exposures in High Risk Settings

■ Bars/Restaurants

- Emerging evidence – people who have tested positive identifying bars and restaurants as locations they have visited
- Evidence of transmission amongst employees, within social groups
- Related to 44% of community outbreaks in Toronto
- By the time we see more outbreaks, the virus has spread significantly



■ Organized/group/indoor sports

- Seeing clusters amongst sports teams and indoor classes



Schools

- To date, 268 individuals diagnosed with COVID-19 attended during their period of communicability in 127 Ottawa schools.
- There have been 21 outbreaks as of October 13, currently 10 active.
- Continuously evolving processes for school investigations and communications with families, schools, and school boards.



Influenza Strategy

Goal is to have greater % of population immunized than usual

1. OPH clinics for general population

- Clinics by appointment only, 7 days a week in 6 fixed locations

2. Joint clinics with interested Primary Care Providers

3. Outreach to vulnerable and isolated populations:

- Targeted immunization clinics in shelters, group homes and other congregate settings (working with key partners such as Canadian Red Cross)
- Mobile clinics in targeted neighborhoods



*NEW this year, ability for pharmacists to stock and administer high dose vaccine to seniors.

*OPH will offer Quadrivalent influenza vaccine to people age 6 months and older and Fluzone® High-Dose will be offered to residents aged 65 years and older

It's in Your Hands!

Be COVIDWise

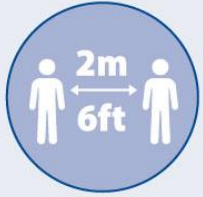
OttawaPublicHealth.ca/COVIDWise



Wear a mask



Isolate yourself when you have any symptoms and get tested*



Stay two metres (six feet) apart from others



Exercise proper hand hygiene

*Learn about testing: OttawaPublicHealth.ca/COVIDcentre

- Everyone's actions have helped reach goal so far
- Socializing is a key risk for resurgence
- **Be SocialWise, HalloWise**
- Find creative ways to have fun & connect
- Keep to your **household + one or two** essential supports